

Pressing Forward
Bible-Based Addiction Recovery
Adapted from the book by Trent Childers

Part 1: The Concept

1. The Science of Addiction
2. The Bible and Addiction
 The Bible and Drugs
3. Change Your Thinking
4. Change Your Behavior
5. A Better Life
6. True Contentment

Part 2: The Practice

7. Attitude of Gratitude
8. Accountability Partner
9. Inventory, pt. 1; Resentments
10. Personal Inventory, pt. 2; Fears & Triggers
11. Daily Inventory
12. Making Amends
13. Having a Vision
14. Achieving the Vision
15. Health and Nutrition

Part 3: The Doctrine

16. Biblical Authority
 The Chain of Authority
 Implications for Biblical Authority
17. Getting to Know God
 God's Love
 God's Holiness
18. Difference in the Testaments
19. Getting to Know Jesus
20. His Church
 The Body
 Identifying the Body
21. Salvation in His Church
 The Beginning of His Church
22. Repentance
 What Repentance is Not
 Examples of Repentance
 The Change of Life
23. Faithfully Serving Him

APPENDIX A

Twelve Steps; Truth vs. Tradition

Why this is not the "12 step" approach.
Spiritual, But Not Religious
A Disease
"God as You Understand Him"
"Higher Power"

Conclusion

APENDIX B

New Creature: A Testimonial

Conclusion

“One Day at a Time”

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